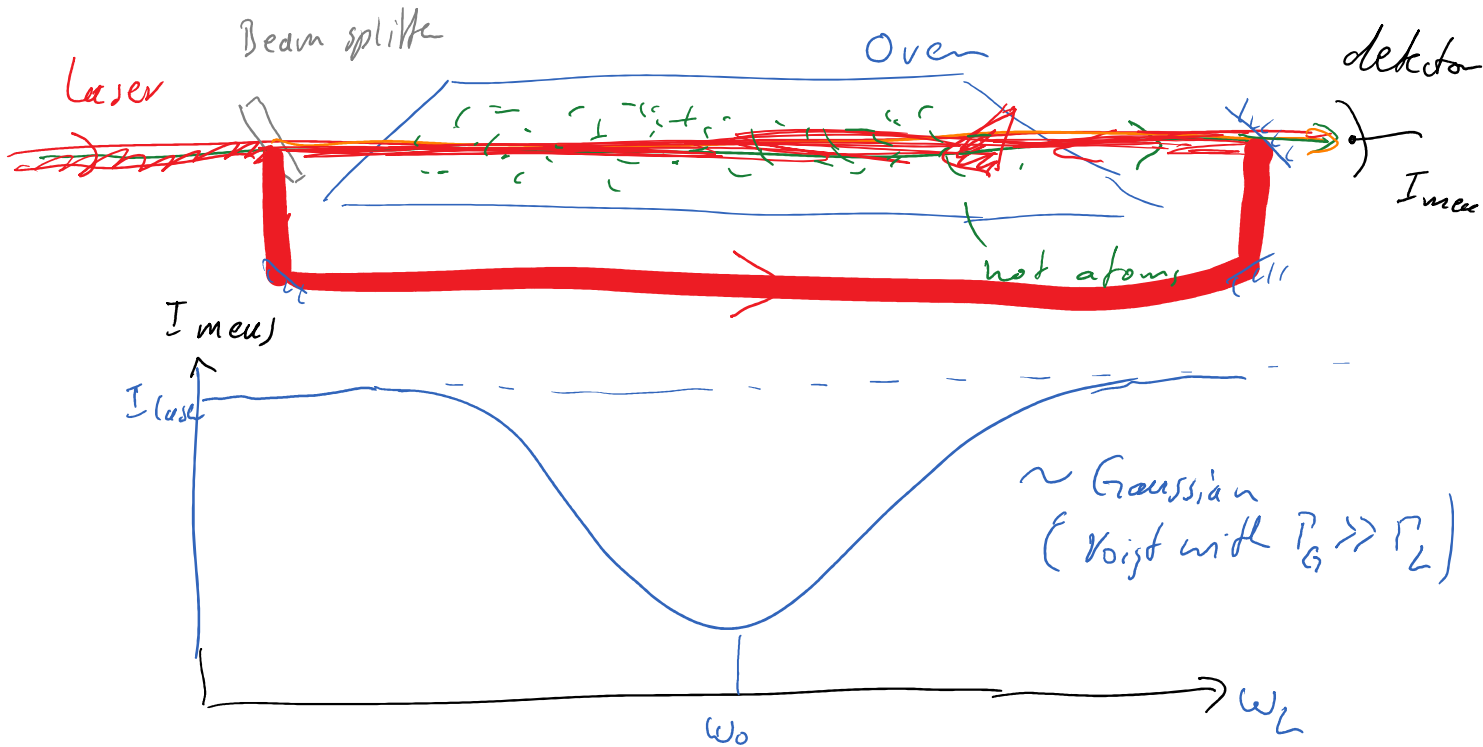


Saturated absorption spectroscopy



Idea : split laser
 strong pump beam \updownarrow weak probe beam

at $\omega_L = \omega_0$

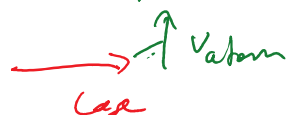
strong pump
 weak probe

Laser on resonance



atoms with $v_z = 0$ interact with the laser

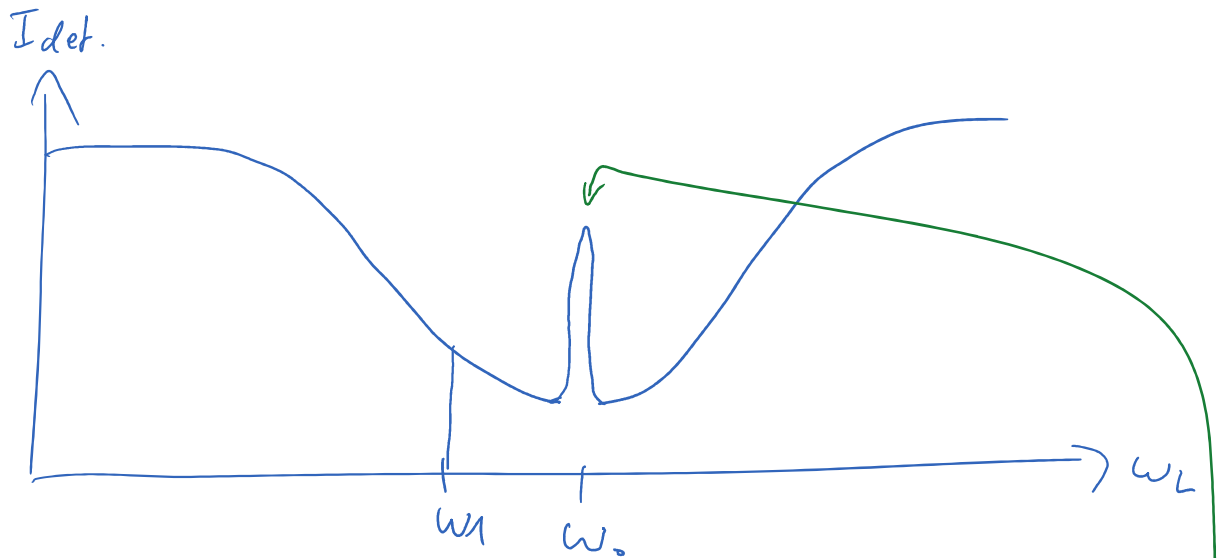
\uparrow
 Doppler shift = 0



\Rightarrow Pump beam excites the atoms ($\sim \frac{1}{2}$ of them)

\Rightarrow probe beam sees less g.s. atoms

\Rightarrow probe beam is less attenuated

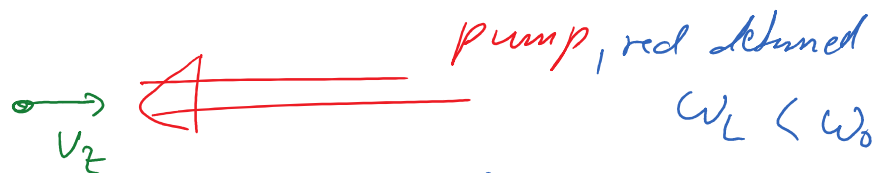


Only atoms with $v_z = 0$ are affected by both lasers simultaneously

\Rightarrow this signal is Doppler-free

If the laser is detuned from ω_0 , e.g. ω_1 then atoms with $v_z \neq 0$ interact with the laser


But:



now $v_z \uparrow \downarrow \vec{u}$ gives blue shift

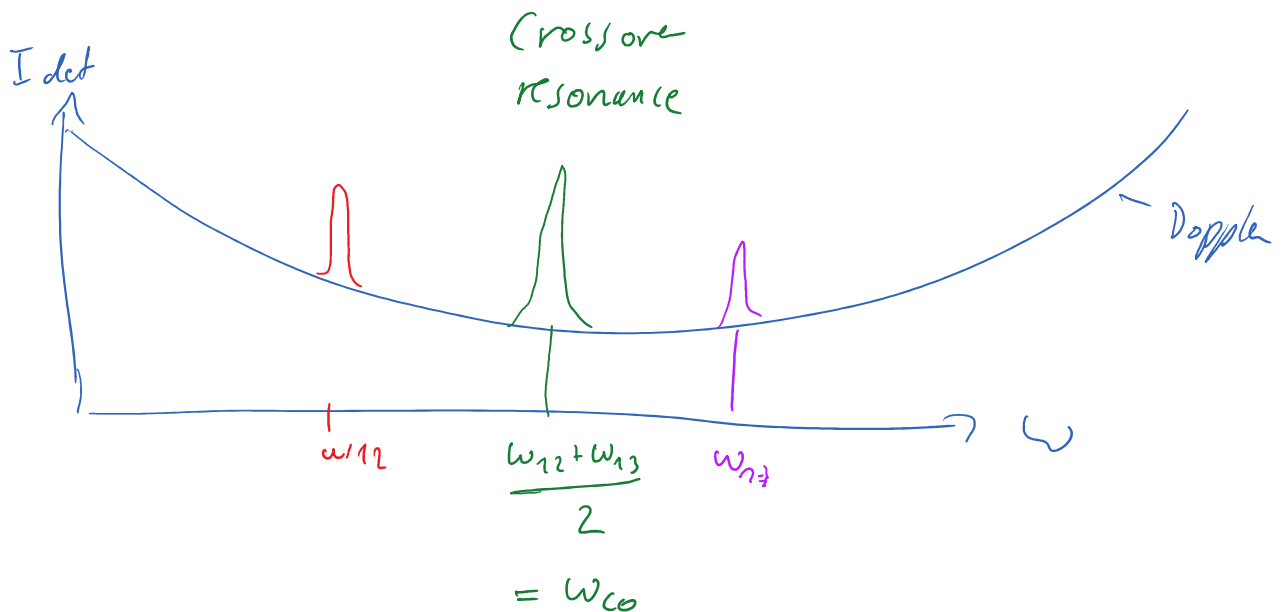
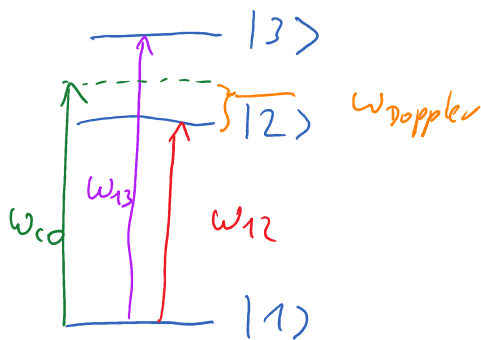
\Rightarrow pump beam excites atoms with $v_z = \rightarrow$

probe beam does not see these atoms!


 If it is even more red-shifted
 \Rightarrow probe beam is attenuated as if there was
 no pump beam



Crossover resonances when atom has ≥ 2 levels



ω_{co} = exactly half way between 2 real transitions
 happens when v_z of some atoms

